



The Irish Message Banking Toolkit



Legacy Messages for Message Banking

(i.e. stories, jokes & person-specific messages)

Recording *legacy messages* involves making audio and/or video recordings of you telling stories about your life, interests and/or advice for loved ones. This serves as an account of **who you are** as well as providing special information for particular loved ones to retain; hence the term 'legacy'.

These recordings are **not** intended to be used for direct two-way communication in conversation, though you may want to play a particular story or joke to a group on a social occasion.

Ways to make legacy recordings

Ask yourself some questions, for example:

- Do you want to tell your life story?
 - If so, consider telling stories about the important events, experiences, traditions and/or influences in your life that make you who you are.
 - It can be useful to approach it as if you are being 'interviewed' by a person who knows you well, so you may want to ask a relative or friend to ask you questions.
- Do you want to record life lessons or advice for specific family members or friends that would capture how you view the world, your values and your outlook?
- Do you want to audio or video record a 'spoken letter' for a named person?
- Are there jokes, stories, poems or narratives that you want to record for posterity?

Legacy messages can be either audio or video recorded using your own camera, smart phone, tablet or computer. Make sure to copy your recordings and save them where they can be accessed easily in case your recording device is lost or broken.

Free apps & internet services

There are some free apps and Internet services that may help to spark ideas and/or to create and collate your recordings. They include:

- <https://storycorps.org> (free iOS and Android apps to voice record an interview)
- www.recordmenow.org (free computer app for Windows/Mac and iOS iPhone app to video record answers to questions about your life story and personality)
- www.legacymessages.com (a website to create a digital scrapbook with words, photos and videos)



Legacy messages are **not** intended as recordings to be built into an electronic communication device.

Some may be compatible with communication devices but many will **not**, so discuss with your SLT.