



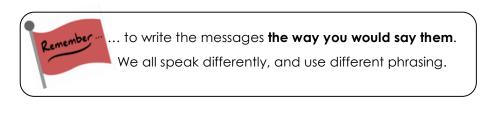




Communication Diary for Message Banking

It can be useful to write down phrases/messages you say regularly and/or need to be able to say. People who have done message banking have reported they think of different types of messages as they go through their normal routine. This form is intended to help you to record these messages. You may find it helpful to carry it around so that you can note things down as they occur.

Generally, people find it takes approximately two weeks to gather a good range of messages, but please take as long as you need to.





Communication Diary for Message Banking cont./...



••••••••••••••••••••••••••••••••	
[Please continue on additional pages if needed]	

This document may be photocopied