**Northern Ireland DLD CEN**

**Narrative Therapy ‘Ideas and Practices’ for Speech and Language Therapists**

**Presented by Anita McKiernan, Highly Specialist Speech and Language Therapist**

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**Thursday 19th June 2025**

**9.30am – 4.30pm**

**Online Training on Microsoft Teams**

We are delighted to invite you to our next DLD CEN event! Your feedback indicated an interest in learning about practical interventions to support children with DLD. This workshop is exploring **Narrative Therapy**.

* Looking for ideas to advance your thinking and develop your practice?
* Interested in an approach that is relevant to current social challenges?

Narrative approaches enable change through the telling and retelling of the stories of people’s lives. The role of the Therapist is to help clients gain insight into their stories and identify alternative storylines. Narrative therapy is a non-blaming, respectful approach to therapy, which sees people as experts in their own lives.

In this workshop, you will be introduced to Narrative Ideas and Practices. Principals that underpin narrative approaches will be discussed, and you will be provided with opportunities to develop practical skills. This will enable you to incorporate narrative ideas and practices into your work context. This is suitable for Therapists working with clients in a range of settings.

We are excited to introduce Anita McKiernan, who will lead this one-day workshop. Anita is a Highly Specialist Speech and Language Therapist at City University and City Lit Institute. Her wider work includes children, young people and adults with Selective Mutism, Stammering and Voice Disorders. She spent several years in the NHS working in clinical and management roles, and is a visiting Lecturer & Clinical Tutor at City, University of London. Anita is the Chair of the National Clinical Excellent Network in Selective Mutism and is an adviser for the RCSLT. She has completed further qualifications in areas of Coaching & Counselling, and uses a range of psychological approaches in her work. We are really looking forward to having the opportunity to attend her workshop on Narrative Therapy.

**Fee: £20 for members**

**£35 for non-members**

**Payment: Please Pay money to S.L.I.C. SIG, Account No: 11789031, Sort Code: 93-81-57. Reference for payment – DLD CEN and your name.**

**Once paid, please email** [**Sinead.marlow@westerntrust.hscni.net**](mailto:Sinead.marlow@westerntrust.hscni.net) **to confirm attendance.**