

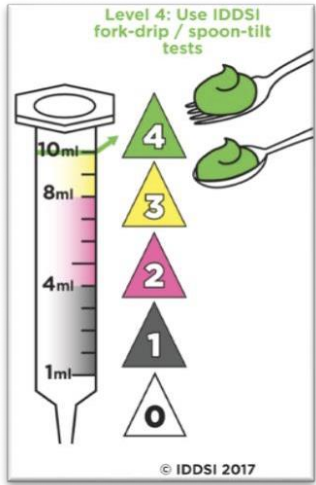





LEVEL	DESCRIPTION/CHARACTERISTICS	TESTING METHODS	TEST PICTURE	SYRINGE/FLOW TEST
0 Thin	<ul style="list-style-type: none"> Flows like water Fast flow 	Flow Test: <ul style="list-style-type: none"> <1ml left in syringe after 10 secs 	Not applicable	
1 Slightly Thick	<ul style="list-style-type: none"> Thicker than water Requires a little more effort to drink than thin liquids Flows through a straw, syringe 	Flow Test: <ul style="list-style-type: none"> 1-4mls left in syringe after 10 secs 	Flows off a spoon: 	
2 Mildly Thick	<ul style="list-style-type: none"> Flows off a spoon Sippable, pours quickly but slower than thin drinks Effort required to suck via standard bore straw 	Flow Test: <ul style="list-style-type: none"> 4-8mls left in syringe after 10 secs 	Flows off a spoon: 	 <p>Level 4: Use IDDSI fork-drip / spoon-tilt tests</p> <p>© IDDSI 2017</p>
3 Moderately Thick	<ul style="list-style-type: none"> Can drink from a cup Some effort to suck through standard/wide bore straw 	Flow Test: <ul style="list-style-type: none"> >8mls left in syringe after 10 secs Fork Drip Test: <ul style="list-style-type: none"> Drips slowly in dollops through prongs of a fork Spreads out if spilled to a flat surface Spoon Tilt Test: <ul style="list-style-type: none"> Easily pours from spoon when tilted, without sticking 	Fork Drip Test: 	
4 Extremely Thick	<ul style="list-style-type: none"> Drink via spoon only Very slow movement under gravity but cannot be poured Cannot be sucked through a straw 	Flow Test: <ul style="list-style-type: none"> Will not flow through syringe Fork Drip Test: <ul style="list-style-type: none"> Sits in a mound above the fork, a small amount may fall through but does not drip continuously Spoon Tilt Test: <ul style="list-style-type: none"> Holds its shape on a spoon Full amount plops off the spoon if the spoon is tilted 	Fork Drip Test:  Spoon Tilt Test: 	

SYRINGE/FLOW TEST:

Before you start, make sure the syringe you are using is the correct type and dimensions

