



IASLT

*The Irish Association of
Speech + Language Therapists*



IF YOU HAVE MND, A SPEECH & LANGUAGE THERAPIST CAN HELP YOU BY:

- Assessing your communication (incorporating speech, language and voice).
- Assessing the movement, coordination and strength of muscles of your face and mouth.
- Assessing your swallow function with fluids and diet.
- Providing you with advice re: symptom control if there are difficulties related to speech, voice, swallowing or language/thinking.
- Providing you with guidance, information and support regarding evidence-based compensatory interventions available which have been shown to help to optimise speech and swallow function in people with MND

A Registered Speech and Language Therapist will work alongside you and your multidisciplinary team to help to tailor the model of intervention offered to best suit your individual needs and to support you in your ongoing input into setting management goals for yourself; at different stages of your condition.



**CONTACT YOUR LOCAL
PRIMARY CARE/HEALTH CENTRE
FOR FURTHER INFORMATION**

