



**IASLT**

*The Irish Association of*  
Speech + Language Therapists

I have **dysarthria** this means I have difficulty with my speech.

You can help my communication by:

- Reducing background **noise**
- **Watch** my face as I speak
- Ask **yes/no** questions
- **Don't pretend** to understand me
- **Repeat** the part of the message you **do** understand so I know exactly which part to repeat.